

Abbreviated Curriculum Vitae
MELISSA J. LEEDY, Ph.D.
Oklahoma License: 1268; NPI #: 1194962720

EMPLOYMENT HISTORY

Owner/Operator/Clinical Psychologist: Legacy Counseling Service, LLC May 2015 - Present
Legacy Counseling service (www.legacycounselingservice.com) is a private psychology group practice that provides mental health counseling across the lifespan for a variety of mental health problems, including depression, anxiety, chronic pain/illness, trauma, and couples. As owner/operator I manage the day-to-day operations, associated business-related tasks, and provide individual therapy.

Independent Contractor employed by Achieve Wellness Group, LLC Oct. 2014 – Oct. 2015
Responsibilities: Provide individual evaluation and individual and family therapy to a largely geriatric population in assisted living facilities, skilled nursing facilities, and rehabilitation centers. Provide staff consultation/recommendations as indicated to improve the psychological and physical health of the individual. Primary treatment modalities include CBT, ACT, and Validation Therapy.

James A. Haley Veterans Affairs Medical Center, Tampa, FL Employment Term 2007-2014
13000 Bruce B. Downs Blvd, Tampa FL 33612
Position Title: Staff Psychologist -Mental Health & Behavioral Sciences, Licensed and Fully Credentialed

Primary Care-Mental Health Integration Jan. 2010–Oct. 2014
Responsibilities: Perform responsibilities of a primary care psychologist, including evaluating and treating patients referred by Primary Care Physicians and specialty services under the umbrella of Ambulatory Care; provide brief individual and group therapy (1-6 sessions) using CBT, ACT, or MI framework for mild-moderate Axis I disorders and behavioral-health conditions (e.g., headaches, pain, smoking cessation, insomnia, chronic pain, obesity, adherence); provide same-day consultation for referring providers and crisis management services. Serve as the Mental Health representative to the Primary Care Medical Home Task Group and Primary Care Medical Home Pilot project. Provide individual, rotation-specific supervision to psychology interns.

Spinal Cord Injury Acute Rehabilitation Unit Aug. 2007 - Jan. 2010
Responsibilities: Perform responsibilities of a rehabilitation psychologist, including conducting initial psychological assessment and individual, family, and group psychotherapy for veterans presenting with acute spinal cord injuries; provide secondary supervision of psychology interns and staff consultation within an interdisciplinary team in APA Accredited Internship Program.

EDUCATIONAL HISTORY

James A. Haley Veterans Affairs Medical Center, Tampa, FL; APA Accredited Aug. 2006-Aug. 2007
Pre-doctoral Intern
Oklahoma State University, Stillwater, OK; APA Accredited 2004-2007
Degree: Doctor of Philosophy; Received Dec. 2007
Major: Clinical Psychology
Oklahoma State University, Stillwater, OK; APA Accredited 2001-2004
Degree: Masters of Science; Received May 2004
Major: Clinical Psychology
University of Oklahoma, Norman, OK 1997-2001

Degree: Bachelor of Arts; Received May 2001
 Major: Psychology

CLINICAL TRAINING EXPERIENCE

- Psychology Intern** Aug. 2006-Aug. 2007
 James A. Haley VAMC; Mental Health and Behavioral Services, Tampa, FL
 Rodney Vanderploeg, Ph.D., ABCN, Director of Clinical Training
- 1st Rotation** *Spinal Cord Injury/Disorders* Aug. 2006-Nov. 2006
Unit
 Supervisors: Elizabeth Letsch, Ph.D.
 Jennifer Duchnick, Ph.D.
 Duties: Conduct neuropsychological evaluations and provide psychotherapy to patients/families with spinal cord injuries/disorders with a focus on cognitive and psychosocial issues that may affect the individual's progress in rehabilitation, adjustment to SCI/D, and quality of life. Participate as member of multidisciplinary team and liaison with other health care professionals.
- 2nd Rotation** *Chronic Pain Rehabilitation Program* Nov. 2006-Feb. 2007
 Supervisor: Robyn Walker, Ph.D.
 Duties: Conduct admission evaluations, including MMPI-2, and individual/couples psychotherapy to assist chronic pain patients in behavior change using a range of behavioral techniques in an inpatient rehabilitation setting. Participate as member of multidisciplinary team and liaison with other health care professionals.
- 3rd Rotation** *Medical Psychology/ Inpatient Psychiatry* Mar 2007-May 2007
 Supervisors: *Psychodiagnostics/Psychiatric ER*
 Karen Nicholson, Ph.D., Elizabeth Jenkins, Ph.D.
 Duties: Medical Psychology: Provide brief psychological assessment and individual psychotherapy as a member of a multidisciplinary treatment team to patients in the GI/Liver Clinic, the Transplant Evaluation Consultation Service, the Pre-Dialysis Renal Clinic, and the Dialysis Clinic. Inpatient Psychiatry/ER: Provide brief diagnostic assessment, crisis intervention, and liaison with other mental health and non-mental health professionals to address patients' immediate medical and psychiatric needs.
- 4rd Rotation** *Prime Ambulatory Care Rotation* May 2007-Aug. 2007
 Supervisor: J. Sidney Davis, Ph. D.
 Duties: Conduct comprehensive assessments, health risk appraisal, staff consultation, and psychological intervention for patients with medical problems. Participate in interdisciplinary practice in clinics, including the cardiac rehab program, smoking cessation program, diabetes clinic, weight reduction clinic, HIV clinic, and Cancer Support Group.

Additional Internship Training Experiences

Conduct long term individual, marital, family, and/or group psychotherapy using a variety of theoretical orientations. Attend weekly Neuropsychology, Post-doctoral, Psychotherapy, and Assessment Seminars that focuses on neuropsychological test administration, interpretation, and neuroanatomy, professional development, theoretical approaches to psychotherapy, risk management, medical psychology, and personality test administration and interpretation. Attend Statistics/Research Methods Seminar as scheduled.

- Assistant Director of the Psychological Services Center** July 2005-June 2006
 Oklahoma State University, Psychological Services Center, Stillwater, OK
 Supervisor: Jennifer Callahan, Ph.D., ABPP
 Duties: Provided administrative oversight of all therapy services, including peer supervision of intake interviews and therapy cases (as needed), coordination of therapy wait list (individual, couples, family), provision of contact/support to clients on waiting lists, consultation with individuals

seeking services, communication with faculty supervisors regarding student/associate behavior in the clinic, generation of financial reports, provision of emergency pager coverage and crisis intervention, provision of training and needs assessment of PSC Associates, marketing, and program development.

Neuropsychological Practicum Student

May 2004-May 2005

Comprehensive Community Rehabilitation Services, Inc., Tulsa, OK

Supervisor: Terry G. Shaw, Ph.D., ABPN

Duties: Assisted in conducting neuropsychological assessments on clients aged 18-64 years. Frequent referral questions included assessment of traumatic brain injuries, workers compensation claims, claims of psychological overlay due to an injury, or competency evaluations. Assisted in case conceptualization and report writing. Engaged in multidisciplinary treatment planning.

Psychology Practicum Student

July 2003-July 2004

Veterans Affairs Medical Center, Substance Abuse Treatment Center, Oklahoma City, OK

Supervisor: Steven Scruggs, Psy.D.

Duties: Independently led "recovery issues" education class, maintained a caseload of 1-2 individual therapy clients and co-facilitated one long term women's group and multiple brief groups. Other responsibilities included performing case management duties, writing weekly case notes and reports, attending interdisciplinary treatment team meetings, and attending monthly seminars presented by faculty, interns, and post-doctoral fellows. Treatment techniques typically included cognitive-behavioral interventions and motivational interviewing techniques. Clients were typically dually diagnosed.

Psychological Associate

Aug 2001-June 2006

Oklahoma State University, Psychological Services Center, Stillwater, OK

Supervisors: Jennifer Callahan, Ph.D., ABPP

Fall 2004-Spring 2006

Douglas Scambler, Ph.D.

Fall 2003-Spring 2004

John Chaney, Ph.D.

Fall 2002-Spring 2003

Thad R. Leffingwell, Ph.D.

Fall 2001-Spring 2002

Duties: Conducted individual psychotherapy with clients aged 18 – 64 years with clinical concerns that included, but was not limited to, depression, anxiety, PTSD, substance abuse, and chronic pain. Conducted cognitive assessments on clients aged 2-64 years who reported symptoms of ADHD, learning disabilities, and Autism. Responsibilities included maintaining an individual therapy caseload of 3-5 clients, an assessment caseload of 1-2 clients, writing weekly case notes, intake and termination reports, and integrated assessment reports. Treatment techniques included cognitive-behavioral techniques, interpersonal therapy, motivational interviewing, and narrative therapy.

Marriage and Family Clinic Psychological Associate

Aug 2005-June 2006

Oklahoma State University, Psychological Services Center, Stillwater, OK

Aug 2002-Dec 2003

Supervisor: John Chaney, Ph.D.

Duties: Conducted co-therapy with dating and married couples. Clinical presentations included communication difficulties, domestic violence, and parenting disagreements. Therapists conducted therapy using a live supervision model in which peers and supervisor observed sessions behind a one-way mirror and provided in vivo case conceptualization and feedback to clients. Treatment techniques included behavioral marital techniques, cognitive techniques, and narrative therapy.

MEMBERSHIPS

Society for Behavioral Sleep Medicine

American Psychological Association

Oklahoma Psychological Association

PROFESSIONAL DEVELOPMENT/TRAINING**Franklin Covey Leadership Foundations (Emerging Leaders)**James A. Haley VAMC
Mar 2014**Earned VA Certification as a Provider for Cognitive-Behavioral Therapy for Insomnia**James A. Haley VAMC
May 2012 - present

VA Evidence-Based Cognitive Behavioral Therapy for Insomnia Training Program. Training included a review of sleep education and overview of insomnia and substances that impact sleep, assessment of: current sleep patterns, circadian rhythm chronotype, day/wake time behaviors that can impact sleep, factors contributing to hyperarousal/hyperactivation, sleep-interfering cognitions, comorbidities, and treatment goals; components of CBT-I, including: behavioral components (stimulus control, sleep restriction therapy), and cognitive components (addressing high arousal/activation, cognitions, techniques for using cognitive therapy for this presenting problem), special considerations for implementation of this treatment for depression, PTSD, Chronic Pain, and Alcohol Use Disorders. Training also included 4 months of phone consultation with a certified behavioral sleep medicine expert psychologist using audio recordings of sessions.

Office of Mental Health
Services VA Central Office
Department of Veterans Affairs
Orlando, FL
Jan 24-26, 2012
Trainers:
Rachel Manber, Ph.D.
Bradley Karlin, Ph.D.

Earned VA Certification as a Provider for Cognitive-Behavioral Therapy for Chronic PainJames A. Haley VAMC
Oct 2012 - present

VA Evidence-Based Cognitive Behavioral Therapy For Chronic Pain Training Program. Training included a brief review of chronic pain conditions/comorbidities, assessment of chronic pain, coping/treatment modalities use(d), and associated difficulties/impairments; components/practice of CBT-CP treatment, including Gate Control Theory, Kinesiophobia, Activity Pacing, Relaxation Training, Behavioral Activation, Cognitive Therapy, Sleep impairment, and relapse prevention. Training also included 4 months of phone consultation with a certified chronic pain expert psychologist using audio recordings of sessions.

Office of Mental Health
Services VA Central Office
Department of Veterans Affairs
Nashville, TN
June 13-15, 2012
Trainers:
John D. McKellar, Ph.D.
Jennifer Murphy, Ph.D.

Dialectical Behavior Therapy: Guiding Principles and Skills Training. 1 day training workshop. Provided overview of components of DBT training with specific emphasis on specific components of outpatient group skills training.

University of South Florida
Counseling Center
July 20, 2012
Presenter: Kelly Shannon,
MSW, LCSW

Basic Clinical Hypnosis with Application 20 hr Workshop. Training included: Introduction, definitions, history, theories, myths and misconceptions, memory-related aspects of hypnosis. Assessment, hypnotic relationships, informed consent, hypnotic phenomena and application, steps and levels of hypnosis; laws and principles of induction; re-alerting; principles in formulating hypnotic suggestions. Also educated on concepts of susceptibility, stages of hypnosis, deepening, ideomotor signaling, use of hypnosis in medicine and therapy; treatment planning, selection of strategies and techniques, managing resistance, ethical issues and conduct, certification, and integrating hypnosis in clinical practice. Utilized in-person demonstrations, video, and small group practice.

The Florida Society of Clinical
Hypnosis
Tampa, FL
April 20-22, 2012
Facilitators: Diane Linder,
LCSW; Chip Schaaf, LMFC;
Philip Shenefelt, MD; David
Swindall, LMFT

Franklin Covey's FOCUS: Achieving Your Highest Priorities - 1 Day Training Workshop. Training included: Learning new ways to think about your time, as well as practical processes and effective applications that help you live

James A. Haley VAMC
Mar 2012

these lessons. Three sections provide skills to becoming more focused on your priorities, better organized, and more productive overall. Section 1: The Time Matrix: Understanding the Time Matrix establishes the right mindset to focus on what is most important and distinguish true priorities from mere urgencies. Section 2: The Productivity Pyramid
An introduction to Franklin Covey's proven planning process for getting the right things done at the right time. Section 3: The Franklin Covey Planning System and Resource CD-ROM: Knowledge of using an effective tool to translate the correct mindset and planning process into action.

Franklin Covey Consultant:
Deb Hauck

Franklin Covey's Project Management: An Approach That Works - 1 Day Training Workshop. Training included: Learning to implement the simple four-step project management process of visualize, plan, implement, and close; learning interview tips for key stakeholders; creating clear vision statements that reflect key stakeholder buy-in; discovering how to break a project into manageable pieces to create a plan and a timeline; ensuring that appropriate "go" or "no-go" decisions are made during that process; coordinating a project's workload into weekly and daily schedules; closing projects by evaluating success and identifying future improvements

James A. Haley VAMC
Feb 2012
Franklin Covey Consultant:
Ruth Williams

Clinical Supervision: A Competency-Based Approach. Training included reviewing supervision as a distinct professional activity which is a collaborative, interpersonal process; learning how to use observation, evaluation, and feedback to facilitate supervisee self-assessment and learning how to extend knowledge and skills through instruction, modeling, and mutual problem-solving. Learning how to build on the strengths and talents of the supervisee to encourage self-efficacy; reviewing superordinate values and the pillars of supervision.

James A Haley VAMC
Oct 2011
Carol Falender, Ph.D.

Acceptance and Commitment 3-Day Training Workshop. Training in this SAMHSA-supported empirically supported treatment included didactic and experiential exercises to learn how to help the patient accept internal events (thoughts, emotions, memories, and sensations) while also helping the patient to make and keep behavioral commitments that reflect the patient's personal values.

James A. Haley VAMC
April 2011
ACT Trainer:
Robyn D. Walser, Ph.D.

Motivational Interviewing 3-Day Coaches Training. Training included a review of MI as well as didactic and experiential exercises to learn how to effectively coach individuals and teams to implement MI in clinical care using the "Elicit Provide Elicit" format as well as using MI foundations to model interactions.

James A. Haley VAMC
March 2011
MI Trainers: Elizabeth Jenkins,
Ph.D. and Karen Nicholson,
Ph.D.

Primary Care-Mental Health Integration: Care Management, Co-located Collaborators & Leadership Training Conference

Topics included: Care Management functions: training for frontline staff to implement and provide PC-MHI care management; Co-located Collaborative functions: training for collaborators will focus on understanding PC-MHI program goals and techniques to provide treatment of common mental health conditions in the Primary Care setting; Leadership & Development functions: training for program leadership will center on care management and blended program implementation, development, and improvement.

James A. Haley VAMC
Orlando, FL
Feb 2011

Motivational Interviewing 1-Day Skills Training. Training included didactic and experiential exercises to learn the fundamentals of MI.

James A. Haley VAMC
Fall 2010
MI Trainers: Elizabeth Jenkins,
Ph.D. and Karen Nicholson,
Ph.D.

Vital Smarts Crucial Conversations 1 Day Training Workshop.

James A. Haley VAMC

Crucial Conversations: Get Unstuck with Best Practice Skills for High-Stakes Interactions. Training included didactic and experiential exercises to identify crucial conversation that may be limited growth and teamwork and learning how to have difficult conversations about almost anything to improve satisfaction and outcomes between people.

Fall 2010
Trainer: Greg Stephens

Franklin Covey's 7-Habits of Highly Effective People: 3 Day Workshop Facilitator Training (ID # 50923). Training included learning the personal and interpersonal skills from the world-renowned 7 Habits and how to apply them to daily challenges. The workshop aims to help individuals gain more control of life, get more organized, and build meaningful relationships by teaching the individual how to (1) make things happen and increase efficiency, (2) discover balance—and greater satisfaction—in all aspects of life, (3) understand others' needs and how to meet them, (4) increase accountability and innovation, (5) accomplish significant change by doing the right things—instead of just doing things right, (6) communicate in ways that lead to fair and positive outcomes, and (7) achieve your full potential no matter your role

James A. Haley VAMC
Mar 2008